

## **St. Vincent's Hospital • Pre-Op Information**

### **The Day Before Surgery**

1. Call the office if your child develops a fever, cold, rash or has been exposed to any contagious illnesses (especially chicken pox), as the surgery may need to be postponed until your child is well or cleared by the pediatrician.
2. We will review pre-operative instructions and arrival time prior to the surgery date. If you have not heard from us by 4pm the day before surgery, please call 205-933-8588 or toll free 1-866-715-7532 to confirm instructions.
3. It is important that your child's stomach be empty before being put to sleep. He/She may have nothing to eat, drink or chew after 12 midnight. **This includes milk products, formula, breast milk, orange juice, cereal, gum or hard candy.**
4. Please bathe your child thoroughly the night before surgery. Depending on the procedure, your child may be unable to take a tub bath or shower for several days/weeks following surgery if immobilized in a cast.

### **The Day of Surgery**

1. The following items are not allowed in the operating room:
  - Contact lens/eyeglasses
  - Hair clips, beads or bows /Hair extenders with metal
  - Artificial nails
  - Ear/naval/tongue rings or piercings
  - Nail polish
2. For surgery at the **OrthoSports Center (OSMC)**, 810 St .Vincent's Drive, Building #6, Birmingham, AL 35205, you may park in the POB 3 parking deck. Enter the OrthoSports Center by taking the elevators in the parking deck that are closest to University Boulevard. These elevators are identified by a sign above them. Take the elevator to level K and go to the left when you exit. You will see a door that leads to the OSMC. Once inside, there is a directory on the wall. If you enter the building on the 1<sup>st</sup> floor, go into the lobby and use the elevators on the left to the 4<sup>th</sup> floor. Surgery patients report to the Registration desk in the Day of Surgery waiting room [(205) 212-6594].
3. Please bring your insurance identification card or insurance forms with you to the hospital.
4. All patients must be accompanied by at least one parent or legal guardian and they must remain in the hospital until surgery is completed.
5. Patients are encouraged to bring "comfort" items with them to the hospital (pillow, blanket, pacifier, etc.).

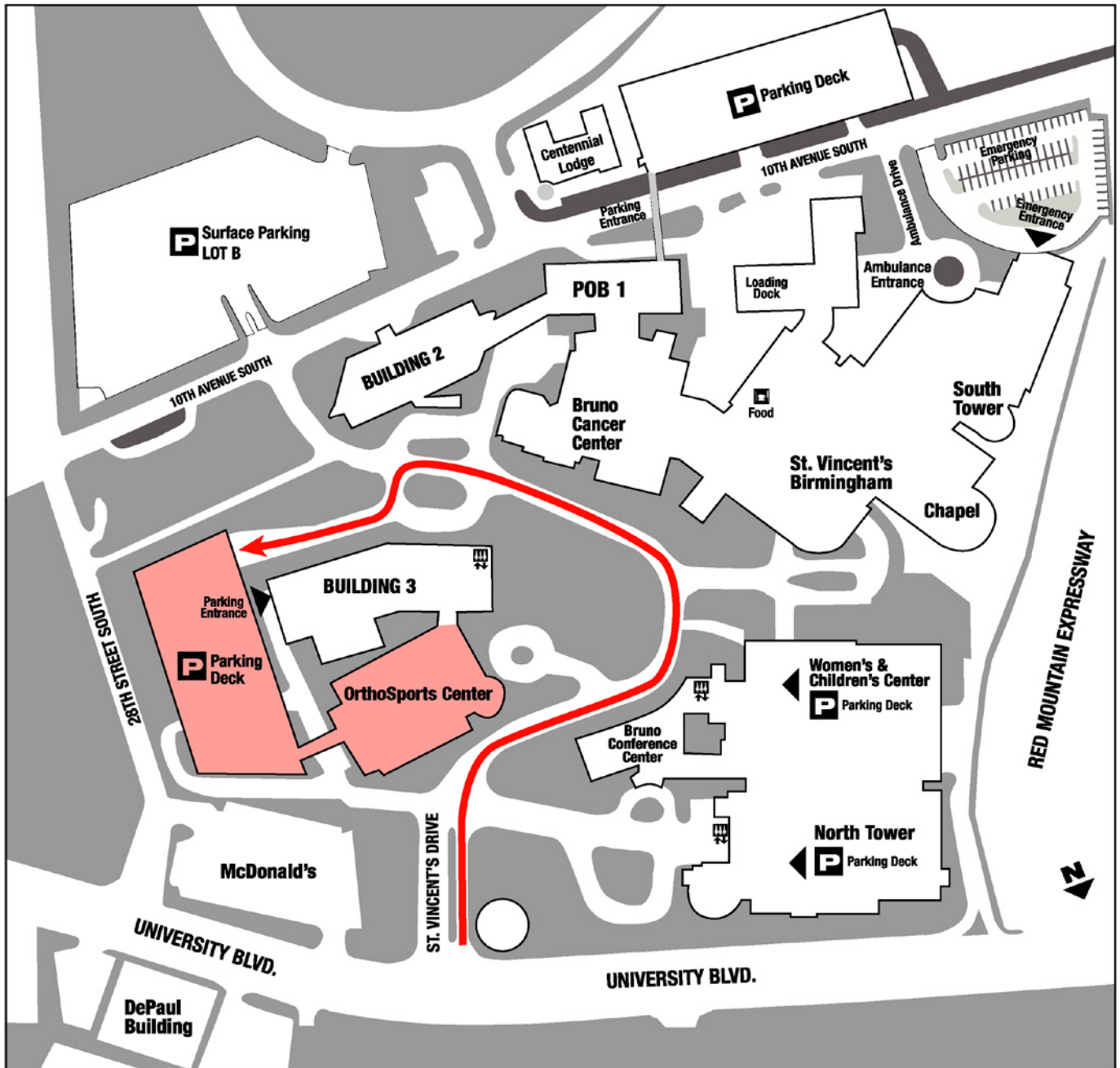
### **Arrival Information**

We will contact you 1-2 days before the date of surgery to confirm the time of your arrival to the hospital. If you have any additional questions or concerns, please do not hesitate to call our office.

Plan to arrive at the **OrthoSports Center (OSMC)** on \_\_\_\_\_ at \_\_\_\_\_AM/PM.

**Orthopedics for Kids**  
2660 10<sup>th</sup> Avenue South, POB 1, Suite 107  
1-866-715-7532 • (205) 933-8588

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